

2004

ESM



emed scientific meeting 2004

## Proceedings



Leeds, UK, Jul. 29 - Aug.1, 2004



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ESM 2004

# Program



## Thursday 29th, July, 2004

### Welcome to ESM2004

- |               |   |
|---------------|---|
| 18:00 - 21:00 | Registration  |
| 18:30 - 21:00 | Buffet and Wine Reception (Piano by Matthew Whitham)<br>Welcome address : Jim Woodburn (Foot pressure distribution measurement in Leeds: work in progress in the field of rheumatology) |
| 18:30 - 20:30 | novel(GmbH) Workshops :<br>Workshop I Hardware<br>(emed recorder, pedar-x, pliance-x, sensors)<br>Workshop II Software<br>(Databases, Projects, Reports, Clinics, Diabetes software)    |

## Friday 30th, July, 2004

### Session 1 Biomechanics I

Chair: Dr Jim Woodburn, University of Leeds, UK

- |               |  |
|---------------|--|
| 7:30 - 8:30   | Registration   |
| 8:30 - 9:15   | Keynote Lecture, a personal perspective on past, current and future use of foot pressure measurement <i>Klenerman L</i>                                  |
| 9:15 - 9:30   | Using pressure distribution technology for evaluating foot function in toddlers <i>Halleman A, de Clercq D, Aerts P</i>                                  |
| 9:30 - 9:45   | Do ankle foot orthoses improve force and pressure distribution during standing in children with hemiplegia? <i>Hunt A, O'Reilly T, Megy M, Bronwyn T</i> |
| 9:45 - 10:00  | Changes in foot geometry parameters in 30 infants during the first three years of independent walking <i>Bosch K, Rosenbaum D</i>                        |
| 10:00 - 10:15 | Between-day reliability of repeated plantar pressure distribution measurements in a normal population <i>Rosenbaum D, Kersting U</i>                     |
| 10:15 - 10:45 | Coffee break   |



*Robert v Deuren: Instruments are betrouwbaar  
kenners van human joint is variability  
Muellens: loopmelheid ↑ → variability ↓*

Friday 30th, July, 2004 cont.

**Session 2 Diabetes, Multiple Sclerosis and Rheumatoid Arthritis**

Chair: Dr Nick Guidemond, University Hospital Maastricht, The Netherlands

- 10:45 - 11:00 Synergistic effects of immuno-incompetence & plantar pressures on healing of neuropathic pedal ulcers treated by off-loading  
*Sinacore DR, Mueller MJ, Hastings MK, Johnson JE*
- 11:00 - 11:15 Risk of plantar ulceration to the surviving foot in the patients with diabetic neuropathy following trans-tibial amputation  
*Kanade RV, Price PE, Harding KG, van Deursen RW*
- 11:15 - 11:30 How are we walking in Georgia? Plantar pressure comparison in healthy and diabetic feet  
*Tchitchinadze N, Pargalava N, Kotaria I, Tchitchinadze I*
- 11:30 - 11:45 Loading pattern of the foot of patients with multiple sclerosis  
*Tsvetkova TL, Stoliarov ID, Abdurahmanov MA, Lebedev VV, Ilves AG*
- 11:45 - 12:00 Plantar sensitivity and pedobarographic patterns in patients with rheumatoid arthritis  
*Schmiegel A, Meermeier M, Rosenbaum D*
- 12:00 - 12:15 Reproducibility of plantar pressure measurements in patients with chronic arthritis  
*van der Leeden M, Dekker J, Siemonsma P, Lek-Westerhof S, Steultjens M*
- 12:15 - 13:30 **Lunch break**

**Session 3 novel awards Finalists I**

Chair: Dr Philip Helliwell, University of Leeds, UK

- 13:30 - 13:55 The effect of pes cavus on foot pain and plantar pressure  
*Burns J, Crasbie J, Ouvrier R, Hunt A*
- 13:55 - 14:20 Validity and reliability of plantar pressure measurements in the diabetic neuropathic foot: a comparison of three step-protocols  
*Bus SA, Lange A*
- 14:20 - 14:45 Testing the characteristics of replicas of stone age footwear discovered in the Oetz Italian alps  
*Hlavacek P, Ostravska L, Gresak V, Blaha A, Vaculik J*
- 14:45 - 15:15 **Coffee break**

**Session 4 novel awards Finalists II**

Chair: Dr Mark Cornwall, University of Northern Arizona, USA

- 15:15 - 15:40 Gait Evaluation during Fracture Healing in Sheep  
*Seebeck P, Thompson M, Parwani A, Schell H, Duda G.N*
- 15:40 - 16:05 Forces acting in the forefoot during normal gait : a clinical application  
*Wyss C*
- 16:05 - 16:15 Final questions and closing remarks on the novel awards session  
*Chairpersons: Cornwall and Helliwell*
- 16:15 - 16:30 **Short break**

## Friday 30th, July, 2004 cont.

### Session 5 Posters

16:30 - 17:30

- + Dynamic pedography in patients with diabetic polyneuropathy after orthopaedics surgery of the lower extremity  
*Vasarhelyi A, Hansen T, Fritsch C, Mittlmeier T*
- + Biomechanical abnormalities in patients with high risk of foot ulcer or amputations *Tsvetkova TL, Kushnir AN, Bregovsky VB, Kruchkova ZV*
- + Remote pressure distribution measurement data analysis and data collection: telemedicine project  
*Volkov AM, Seitz P, Tsvetkova TL, Fritsch C, Lebedev VV*
- + Prevention of plantar foot traumas in weight-lifting practice  
*Macellari V, Varala C, Giacomozzi C*
- + Plantar orthoses: Towards a better design to improve their effectiveness in diabetic ulcer prevention  
*Giacomozzi C, D'Ambrogio E, Uccioli I, Macellari V*
- + Changes of foot load and functional characteristics in the group of obese children during reduction of weight *Kostelnikova L, Hlavacek P*
- + Might normalisation techniques improve the correctness of plantar pressure measurements? *Giacomozzi C, Macellari V*
- + Foot function and morphology in different diabetic populations in New Zealand  
*Kersting UG, Aitken K, Gurney J, Martin S, Rosenbaum D*

### Posters of current work from the host institute

- + Multi-segment foot motion during gait: proof of concept in rheumatoid arthritis  
*Woodburn J, Nelson KM, Lohmann Siegel K, Knappe TM, Gerber LH*
- + Off-loading the painful forefoot in rheumatoid arthritis is characterised by changes to the regional velocity of the centre of pressure  
*Turner DE, Helliwell PS, Wakefield RJ, Emery P, Woodburn J*
- + Debridement Of Plantar Callosities In Rheumatoid Arthritis: A Randomised Controlled Trial *Davys HJ, Turner DE, Helliwell PS, Conaghan PG, Emery P, Woodburn J*
- + Off-the-shelf contoured orthoses demonstrate comparable mechanical properties to custom-made foot orthoses at less cost  
*Redmond A, Landorf K, Keenan AM, Emery P*

18:15 ~ 21:00

Reception at Thackray Medical Museum :  
a wine and buffet reception provided, including gallery tour

## Saturday 31th, July, 2004

### Activity day

7:00 - 21:00 *Getting to know each other with lots of fun outdoors  
hiking, biking, communicating, and celebrating*

## Sunday 1st August, 2004

### Session 1 Foot deformities and other pathologies

Chair: Adrienne Hunt, The University of Sydney, Australia

*(get to know physiotherapists + do research)*

- 8:30 - 9:15 *++* **Keynote Lecture**  
The art of using foot pressure systems as a clinical tool  
*Abboud R, Department of Orthopaedic & Trauma Surgery, University of Dundee, UK*
- 9:15 - 9:30 *+* Sagittal thickness of the plantar fascia is related to static arch shape and regional loading of the foot in plantar fasciitis  
*Wearing SC, Smeathers JE, Yates B, Sullivan PM, Urry SR, Dubois P*
- 9:30 - 9:45 *++* How to evaluate a result in conservative flatfoot surgery with dynamic pedobarography analysis? *Touillec F*
- 9:45 - 10:00 *+* Detecting the presence of functional hallux limitus using dynamic foot pressure *Yizhar SKZ, Khamis S*
- 10:00 - 10:15 *+* Changes in the plantar pressure patterns after correction of hallux valgus deformity with the scarf osteotomy *Lorel TJ, Rosenbaum O, Klarner H, Kinast C*
- 10:15 - 10:30 *++* The impact of exercising on school children with valgus heel and flatfeet  
*Badurina J, Samsonova H*
- 10:30 - 11:00 **Coffee break**

### Session 2 Biomechanics II

Chair: Sharon Dixon, University of Exeter, UK

- 11:00 - 11:15 *+* The problem of footwear for women in the final term of pregnancy  
*Cernekova M, Hlavacek P*
- 11:15 - 11:30 *+* Dynamic calibration and frequency response of capacitive film printed transducers *Paone N, Scalise L*
- 11:30 - 11:45 *++* Accuracy of sensors and electronics with pedar-x insole measurements  
*Geuder M, Kalpen A, Seitz P*
- 11:45 - 12:00 *+* Biomechanical Assessment of the structure and function of Birkenstock footbed technologies  
*Bray LE, Hillstrom HJ, Kim EH, Heilman BP, Song J*
- 12:00 - 12:15 *++* Casting methods and plantar pressure: The effects of custom made foot orthoses on plantar pressure distribution  
*Guldemon N, Leffers P, Sanders A, Schaper N, Walenkamp G*
- 12:15 - 13:30 **Lunch break**



# ESM 2004 Program



## Sunday 1st August, 2004

### Session 3 Sports

Chair: Mario LaFortune, Nike, Beaverton, Oregon, USA

- 13:30 - 14:15 *++* **Keynote Lecture**, Pressure distribution measurement at the University Hospital Muenster: past, present and future uses  
*Rosenbaum D, University Hospital Muenster, Germany*
- 14:15 - 14:30 *+* **Plantar pressures and foot geometry in athletes of different ethnicity**  
*Kersting UG, Gurney J, Rosenbaum D*
- 14:30 - 14:45 **Temporal characteristic of foot rollover during barefoot jogging: Reference data for young adults** *de Cock A, de Clercq D, Willems T, Witvrouw E*
- 14:45 - 15:00 *+* **Relationship between gait biomechanics and exercise-induced lower leg pain: a prospective study on risk factors**  
*Willems T, Witvrouw E, Cock AD, de Clercq D*
- 15:00 - 15:15 *+* **Changes in plantar surface area under different loading conditions**  
*Vicenzino B, McPoil TG, Cornwall MW*
- 15:15 - 15:30 **Application of centre of pressure to indicate rearfoot inversion-eversion in a simulated shoe shop setting** *Dixon SJ*
- 15:30 - 16:00 **Coffee break**

### Session 4 Pressure technology applications

Chair: Scott Wearing, University of Queensland, Australia

- 16:00 - 16:15 **Clinical proficiency of Dutch podiatrists, pedorthists and orthotists regarding plantar pressure reduction**  
*Guldemond N, Leffers P, Sanders A, Schaper A, Walenkamp G*
- 16:15 - 16:30 **Validity of the pedar mobile system of vertical force measurement during a long-term period** *Hurkmans HLP, Bussmann JPG, Selles RW, Horemans HLD, Benda E, Stam HJ, Verhaar JAN*
- 16:30 - 16:45 **Evaluation of a capacitive pressure sensor for joint contact stress measurements** *Martinelli L, Rosenbaum D, D'Alessio T*
- 16:45 - 17:00 **Publicity of pressure distribution** *Spodrina I, Krumins M, Vetra A*
- 17:00 **Closing remarks** *Woodburn J, Seitz P*



## CLINICAL PROFICIENCY OF DUTCH PODIATRISTS, PEDORTHISTS AND ORTHOTISTS REGARDING PLANTAR PRESSURE REDUCTION

Nick Guldemond (1a), Pieter Leffers (2), Antal Sanders (1b), Nicolaas Schaper (1c), Geert Walenkamp (1a)

1. a) Orthopaedic Surgery, b) Rehabilitation Medicine, c) Internal Medicine. University Hospital Maastricht, The Netherlands University Hospital Maastricht, The Netherlands
2. Fac. Medicine, Dept. Epidemiology, Maastricht University, The Netherlands

### BACKGROUND

There is limited information about differences between disciplines regarding orthoses therapy. Plantar pressure relief is a common treatment goal. The first aim of this study was to evaluate the ability of clinicians to identify locations with high bare foot peak pressures (PP) and the competence to reduce inshoe PP's with foot orthoses.

### METHODS

Ten podiatrists (**Pod**), 10 pedorthists (**Ped**) and 11 orthotists (**Ort**) participated. Three patients (**A,B,C**) with fore foot complaints indicated for foot orthoses were examined by each clinician. Presumed high PP regions could be marked through hatching an illustration of a plantar aspect. The marked regions were related to the location of the actual bare foot PP's measured with the Novel EMED SF-4® pressure platform. Regression analysis was performed to assess the relation between the percentage of markings per discipline and the PP's for 6 fore foot regions.

Totally, 186 orthoses were made. The effect of the orthoses on PP's was evaluated on a treadmill in the patient's own shoes with the Novel Pedar Insole-system®. For each orthosis 30 steps were used to estimate PP's.

### RESULTS

The regression coefficients (*b*) showed positive and negative relationships between clinical methods of high PP identification and quantitative PP measurement (example fig. 1). One would expect positive relations, since higher PP's should result in a higher percentage of markings. All *b*'s were not statistically significant ( $p \geq 0.155$ ). All adjusted coefficients of determination ( $\text{Adj. } r^2$ ) were below 0.30 and most were smaller than 0.20 (table 1).

PP's in the shoes with orthoses of both **Ort** and **Ped** were significantly decreased compared to orthoses of **Pod** for all patients, except for **C** left ( $p \leq 0.01$ ); table 2. Regarding the right foot of A, orthoses of **Pod** resulted in an increase of PP. There was no statistically significant difference in PP's between **Ort** and **Ped** for any patient ( $p \geq 0.14$ ). For the left foot C

there was no statistically significant difference in PP's between all groups ( $p \geq 0.22$ ).

### CONCLUSIONS

Orthoses of **Ped** and **Ort** achieved a greater peak pressure reduction in the fore foot regions than orthoses of **Pod**. The ability to distinguish between locations with high and low PP's through use of traditional clinical methods is poor. This points towards the merit of quantitative PP measurement for clinical practice.

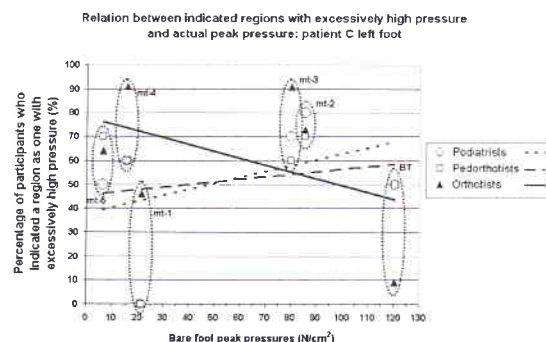


Figure 1: % of markings per discipline and PP's for 6 regions

Foot	Pod		Ped		Ort	
	<i>b</i>	Adj. $r^2$	<i>b</i>	Adj. $r^2$	<i>b</i>	Adj. $r^2$
A left	0.47	0.16	0.68	0.23	0.15	0.03
A right	-0.91	0.05	-1.62	0.04	-0.85	0.16
B left	0.96	0.29	0.73	0.01	0.07	0.14
B right	0.49	0.05	-0.26	0.23	0.01	0.25
C left	0.25	0.03	0.11	0.20	-0.28	0.03
C right	-0.44	0.11	0.10	0.24	0.43	0.05

Table 1: regression coefficients & adjusted coefficients of determination

Foot	Pod	Ped	Ort
	Md $\Delta$ ( $\pm$ SD)	Md $\Delta$ ( $\pm$ SD)	Md $\Delta$ ( $\pm$ SD)
A left	-0.6 ( $\pm$ 4.5)	-7.0 ( $\pm$ 4.5)	-8.7 ( $\pm$ 5.0)
A right	6.2 ( $\pm$ 5.4)	-4.7 ( $\pm$ 5.5)	-5.0 ( $\pm$ 2.6)
B left	-0.6 ( $\pm$ 2.7)	-6.3 ( $\pm$ 2.7)	-6.0 ( $\pm$ 3.6)
B right	-2.2 ( $\pm$ 4.1)	-7.6 ( $\pm$ 3.0)	-5.2 ( $\pm$ 3.1)
C left	-15.1 ( $\pm$ 3.7)	-12.2 ( $\pm$ 6.0)	-16.5 ( $\pm$ 6.6)
C right	-4.4 ( $\pm$ 2.5)	-6.8 ( $\pm$ 2.3)	-4.7 ( $\pm$ 3.9)

Table 2: median (Md) PP reduction & standard deviations (SD).